

### Hot Stone Massage

*Relax with hot stones*

The whole-body treatment with the hot lava stones acts positively on body and mind, increases personal well-being and gives absolute deep relaxation. This treatment drains, activates lymphatic drainage, tightens the tissue, smoothes and revitalizes the skin.

50 min. | € 69,00

### Peeling with Rose Himalaya salt

*Perfect before any massage*

The Crystal-Salt is an unrefined table salt of underground deposits and rich in natural elements. The peeling with the Himalayan salt promotes blood circulation, the skin becomes tender and supple and is especially recommended as a perfect preparation for a massage.

20 min. | € 26,00

### Vitaurina Well-being Package

*Full Body Package with*

- ❖ a nature-peeling with Rose Himalaya salt
- ❖ a nourishing body package with apple-rose hip
- ❖ a relaxing partial massage

80 min. | € 86,00

♥ ... that's amore!



Wellness & Relax  
Our alpine-mediterranean massages ♥

In our small, lovely wellness oasis  
you will experience alpine wellness in its pure form.

After a long day in our magic mountain landscape  
some relax comes in very handy...

Appointments on request at the reception for:

Tuesday – Thursday – Saturday  
15:00 p.m. – 19:00 p.m.

Our holistic massage therapist *Maria* awaits you!

# Classics

## Full body massage

*The classic one from head to toe*

Has a beneficial effect for the whole body and gives rise to a feeling of calm and happiness. Tensions and hardenings are relieved by kneading and stretching the muscles as well as pressure point treatment, the blood circulation is promoted.

50 min. | € 56,00

## Relax massage

*The especially gentle rest*

This massage consists of strokes of gentle touches and light pressure. The warm aroma oil accompanies you with the scent of fresh coniferous wood and citrus fruits in a gentle rest.

50 min. | € 59,00

## Sport massage

*For the particularly active*

In this massage technique the stressed tired muscles are loosened after sports activities. The blood circulation is promoted and the sore muscles are prevented. We recommend a sauna session followed by a rest before this massage.

50 Min. | € 59,00

## Back massage

*Combats stress and tension*

The massage helps to relieve tension that concentrate mainly on the neck and back and creates a general feeling of well-being.

25 min. | € 36,00

## Leg and foot massage

*Ideal after a long and strenuous day on your feet*

After a long hike or a tiring day of skiing, the leg muscles hurt. The invigorating foot massage gives a feeling of relief. With the help of the arnica-mountain pine rubbing also relieves tensions.

25 min. | € 36,00

## Face and décolleté massage

*Radiant smile guaranteed*

This natural face lift makes neck and décolleté shine in fresh. The high-quality pomegranate-argan oil cream, rich in vitamins E and A, leaves a firm, smooth and velvety soft skin.

25 min. | € 39,00

# Specials and treatments

## Special back massage

*Our bestseller*

The combination of different techniques is the secret of success here. The handmade Sisal brushes will remove the destemmed skin cells with the agave natural fibres and give an immediate feeling of purity. The improved blood circulation thus regenerates the tissue with oxygen and vital nutrients. The Dr. Kneipp's hot roll is also used, the cupping glasses to relieve persistent tension and loosen the muscles. As a crowning glory, the soothing back massage ensures the ultimate feeling of relaxation.

50 min. | € 69,00