



We kindly ask you to notify any cancellations 24 hours prior to the scheduled appointment.

In case of cancellation at short notice, 80% of the treatment price will be charged.



Wellness & Relax

Our alpine-mediterranean massages

In our small, lovely wellness oasis you will experience alpine wellness in its purest form. After a long day in our magic mountain landscape some relax comes in very handy...



Our holistic massage therapist *Maria* awaits you!

Appointments on request at the reception:

Tuesday – Thursday - Saturday
15.00 – 19.00

Classics

Full-Body Massage | The classic one from head to toe

This massage has a beneficial effect on the whole body and provides a feeling of calm and happiness. Tensions and hardenings are relieved by kneading and stretching the muscles and the pressure point treatment. Blood circulation is stimulated as well.

50 Min. | € 59

Relax Massage | The especially gentle rest

This massage consists of strokes of gentle touches and light pressure. Warm aroma oil supports you with the scent of fresh coniferous wood and citrus fruits in a gentle rest.

50 min. | € 62

Sport Massage | For the particularly active

This massage technique is perfectly suited to relax strained and tired muscles after sporting activities. Blood circulation is promoted and sore muscles are prevented. We recommend a sauna session followed by a rest before starting this massage.

50 Min. | € 62

Back Massage | Releases stress and tension

The massage helps to relieve tensions mainly in the neck and back regions and creates a general feeling of well-being..

25 Min. | € 39

Leg and Foot Massage | Ideal after a long and strenuous day on your feet

After a long hike or an intensive day of skiing, the leg muscles are hurting. The invigorating foot massage provides a feeling of relief. With the help of the arnica-mountain pine rubbing, tensions are also relieved.

25 Min. | € 39

Face and Décolleté Massage | Radiant smile guaranteed

This natural face lift makes neck and décolleté shine in fresh. The high-quality 'ultra intense' cream with hyaluronic acid, rich moisturizing and effectual, leaves a firm, smooth and velvety soft skin.

25 Min. | € 42

Specials and treatments

Special Back Massage | Our bestseller

The secret of this massage's success resides in a combination of different techniques. The handmade sisal brushes with agave natural fibres remove dead skin cells and guarantee an immediate feeling of purity. The improved blood circulation supplies the tissue, which is perfectly regenerated, with oxygen and vital nutrients. The Dr. Kneipp's hot roll is also used, the cupping glasses relieving persistent tensions and loosening the muscles. The perfect finish is the soothing back massage, which ensures an ultimate feeling of relaxation.

50 Min. | € 72

Hot Stone Massage Relax with hot stones

The full-body treatment with hot lava stones has a beneficial effect on body and mind, increases the personal well-being and provides for absolute deep relaxation. This treatment drains, activates lymphatic drainage, tightens the tissue, smoothes and revitalizes the skin.

50 Min. | € 72

Peeling with Rose Himalaya Salt | Perfect preparation for a massage

The crystal salt is an unrefined table salt of underground deposits and rich in natural elements. The peeling based on Himalayan salt stimulates blood circulation, providing for smooth and tender skin, and is especially recommended as a perfect preparation for a massage.

20 Min. | € 28

Vitaurina Well-Being Package

Full Body Package including

- a nature-peeling with Rose Himalaya salt
- a nourishing body package with apple-rose hip
- a relaxing partial massage

80 Min. | € 89

Herb-Stamp-Massage | Relaxing and cleansing!

The whole body treatment with the hand-bound herbal stamps from Dr. Vitalis, which are filled with aromatic and healing herbs, tightens the tissue, has a detoxifying effect and increases physical well-being. Particularly relaxing for muscles and joints after sporting activities.

50 Min. | € 72